

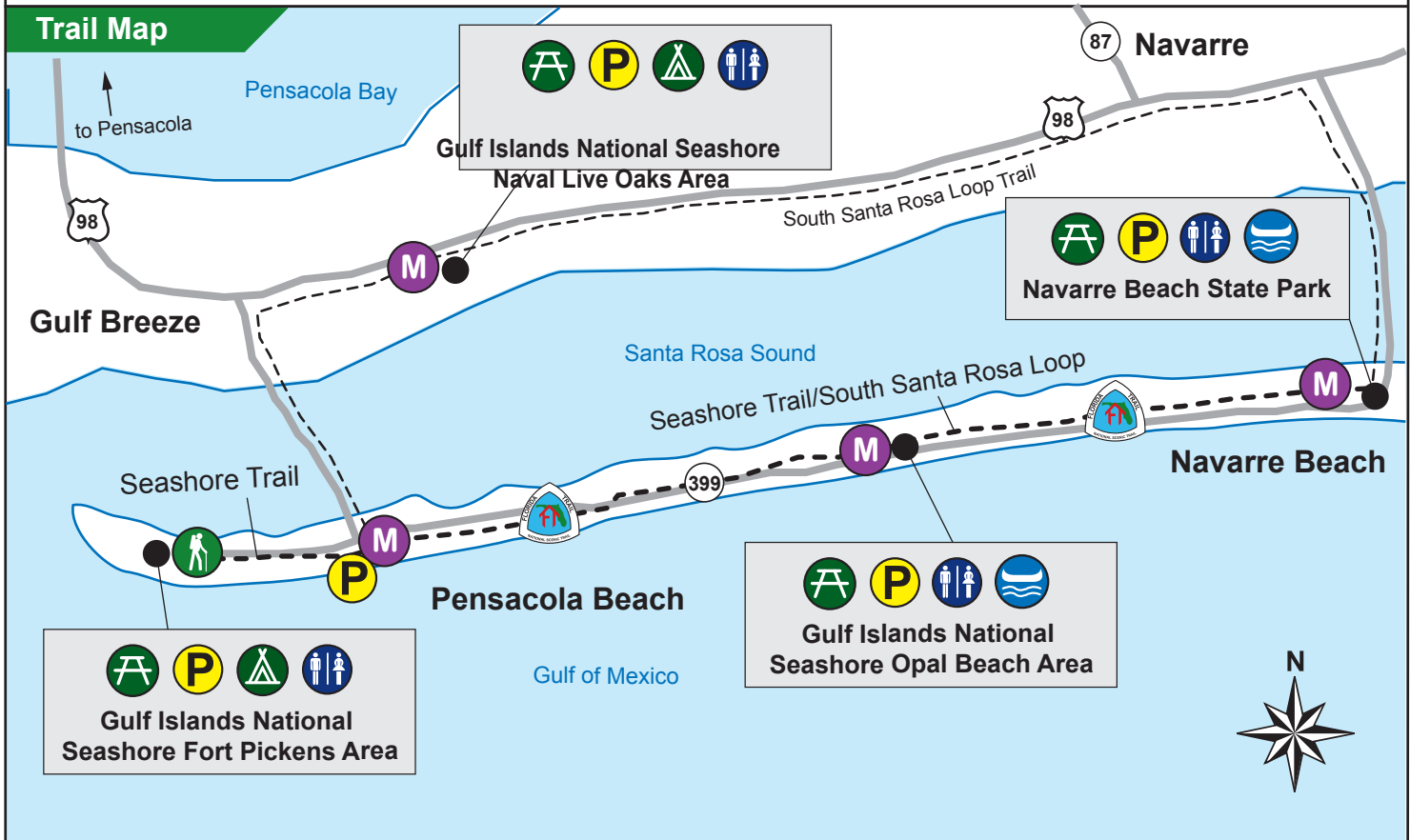
# 19. Seashore Trail

## Legend

- |   |   |   |
|---|---|---|
|  Trailhead (Hiking)    |  Rest Rooms  |  Shelter       |
|  Trailhead (Multi-use) |  Camping     |  Florida Trail |
|  Parking               |  Picnic Area |  Canoe Launch  |



## Trail Map



## Description

*Fishing, Hiking, Biking, Inline Skating • 29 miles • Multi-use Paved Trail*

Enjoy the very beginning of the Florida National Scenic Trail tucked away in the corner of Northwest Florida. The Seashore Trail starts at historic Fort Pickens in the Gulf Islands National Seashore. The trail winds through large sand dunes, coastal scrub and stunted forests, with striking views of the Gulf of Mexico on one side and the Intracoastal Waterway, the Santa Rosa Sound, on the other side. The Seashore portion on the Florida National Scenic Trail ends in the small beach community of Navarre Beach.

**Landscape & Wildlife:** This unspoiled beach stretch between Navarre Beach and Pensacola Beach is known for its breathtaking white quartz sand, and clear emerald Gulf waters. Gulf Islands National Seashore offers nature lovers eight miles of federally protected, undeveloped shoreline – the longest continuous stretch of protected beach in Northwest Florida, perfect for sun seekers, birdwatchers and outdoor enthusiasts. The shoreline boasts sand so clean and powdery white it literally squeaks under traveler’s toes. The warm Gulf waters also attract a plethora of fish, making the region famous for the beloved pastime of fishing. Gigantic dunes and clusters of sea oats border the way for hikers and bikers.

### Access/Directions:

The trail starts in the historic Fort Pickens Area, but can be accessed at several points due to a paralleling State Rd. (S.R. 399).