

GIRLFRIENDS' GETAWAY

A growing trend among today's women is the long weekend "Girlfriends' Getaway." Busy moms and working professionals rarely have time to take a timeout to enjoy their friends, and Navarre Beach is the perfect destination for a quiet getaway.

Let's face it – well all love our jobs, spouses and children, but when was the last time you only had yourself to worry about?

Take a Friday off and head to the beach with your best buddies. Many choose to share a roomy condominium perfect for those late-night talks. Whether enjoying a relaxing dinner, sharing stories over a glass of wine or dancing the night away with the sand between their toes, friends can make the most of a short vacation. Many choose to work on their health by taking a walk or a bike ride. Adventurous types can be found paddling in the Gulf of Mexico on a sea kayak or sailing the calm waters of the Santa Rosa Sound. Beach volleyball abounds and is fun for all ages and ability levels. It's all about fun!

Nearby spa services offer everything from a relaxing massage to manicures, pedicures, skin care, hair care and more.

Antique and bargain hunters have their pick from a number of flea markets and specialty stores within an easy drive.

Soon enough it is time to return home to daily life, but the annual Girlfriend's Getaway is a must-do for the 21st century woman.

Details: www.FloridaBeachestoRivers.com or 800-480-7263.